

Brief description of Programmes organized during 2022-2023 academic session

by

NSS Unit-I & Unit- II

Hooghly Women's College

(Affiliated to The University of Burdwan)

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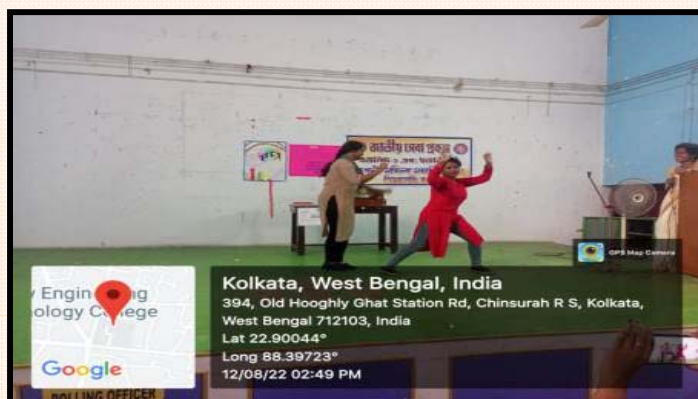
Student Volunteers participated in “ Har Ghar Tirangaa” rally on 10/08/23. A poster (designed and drawn by the students) campaign was organized and students handed over national flags among the residents of nearby locality, thus elaborated the purpose of the Har Ghar Tiranga Campaign.

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International Youth Day Celebration on 12/08/2023 by NSS Volunteers. Respected Principal Madam, Dr. Sima Banerjee delivered motivational speech on this occasion. Students took part in various activities to celebrate this day, e.g. debate, discussions, cultural performances, demonstrations of life skills and self defense skills etc.



Performances by NSS Volunteers:



Self defense Skill demonstration



Debate and Discussion

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“Swachh Pakhwara Abhiyan” was carried out by NSS volunteers at college campus. Students were engaged in cleaning the whole college campus including college hostel premises, library, canteen area etc. Bleaching powder and other pesticides were used with proper measures.



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*Independence Day
Celebration on 15/08/2022 :*

The day was celebrated with pride and honour. NSS Volunteers organized in patriotic and cultural programmes. Asit Majumdar, Hon'ble MLA, Hooghly-Chinsurah, was present and delivered motivational speech on this occasion.



*NSS Volunteers took part in
UNESCO World Heritage Rally on
01/09/2022. The rally was organized
in association with district
administrations. Which also
exhibited our rich culture and
traditions.*



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Women Health Awareness Camp on 11/11/2022:



A health awareness camp regarding *Women's Health* was organized by NSS Unit-I & Unit-II , in collaboration with Narayana Health. Doctors and other Prominent personalities from this field were present and delivered lectures. More than 100 students attended the seminar and it was very beneficial to them.

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Health Camp on 22/11/2022 :



A one-day camp on *Thalassemia Awareness* was organized on 22nd November, 2022 by NSS Unit-I & Unit-II in association with, *Red Ribbon Club & Department of Health and Family Awareness, Govt. of West Bengal*. Dr. Partha Pratim Das along with his medical team were present and associated the proceedings of the camp. About 130 students were participated in that camp. Among them, blood samples of the 92 students were collected for *Thalassemia* screening test.

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The NSS Unit-I and Unit-II of Hooghly Women's College successfully organized a seven-day Special Camp at Bahir Nagar village (adopted village), under Rajhat Gram Panchayat, from April 1, 2023, to April 6, 2023. The camp aimed to create a positive impact on both the volunteers and the communities they serve.

A total of 30 dedicated volunteers actively participated in the special camp. Their enthusiasm and commitment were evident throughout the duration of the program. The 7-day extension activity was held according to the following programme schedule.

 Programme Schedule for NSS Special Camp Organized by NSS Unit-I & Unit-II Hooghly Women's College Date : 31.03.2023 to 06.04.2023			
Day	Time	Programme theme	Participants / Speaker
Day-1 31.03.2023	10:00 a.m.-5:00 p.m.	<ul style="list-style-type: none"> •NSS flag Hoisting and opening of the camp •Motivational Speech •One day Workshop on mental health and effects of substance addiction 	<ul style="list-style-type: none"> •Dr. Sima Banerjee, Principal, Hooghly Women's College •Department of Family & Health welfare, Dist . Of Hooghly
Day-2 01.04.2023	9:00 a.m.-4:00 p.m.	<ul style="list-style-type: none"> •Campus cleaning •Regular camp Activities •Motivational/social Speech •Present Status survey of life at adopted village (Bahir Nagar & Chaitantala) 	<ul style="list-style-type: none"> •NSS volunteers & Programme Officers •Representatives of Local administration & Polba PS
Day-3 02.04.2023	9:00 a.m.-4:00 p.m.	<ul style="list-style-type: none"> •Adopted village cleaning •Survey work at village •Distribution of stationary items (study materials) among village kids 	<ul style="list-style-type: none"> •NSS volunteers & Programme Officers
Day-4 03.04.2023	9:00 a.m.-4:00 p.m.	<ul style="list-style-type: none"> •Regular camp Activities •Seminar on NSS and Society 	<ul style="list-style-type: none"> •NSS volunteers & Programme Officers •Principal, Polba Mahavidyalaya
Day-5 04.04.2023	9:00 a.m.-4:00 p.m.	<ul style="list-style-type: none"> •Regular camp Activities •Health and awareness camp on food and nutrition 	<ul style="list-style-type: none"> •NSS volunteers & Programme Officers
Day-6 05.04.2023	9:00 a.m.-4:00 p.m.	<ul style="list-style-type: none"> •Social awareness rally •Educational tour 	<ul style="list-style-type: none"> •NSS volunteers & Programme Officers
Day-7 06.04.2023	9:00 a.m.-4:00 p.m.	<ul style="list-style-type: none"> •College premises cleaning •Cultural activities •Valedictory programme 	<ul style="list-style-type: none"> •NSS volunteers & Programme Officers •Dr. Sima Banerjee, Principal, Hooghly Women's College

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NSS Special Camp:



On 1st April 2023, NSS Special camp was inaugurated by our principal Dr. Sima Banerjee, at college auditorium hall. After the inauguration, NSS volunteers reached at the camp site accompanied by NSS Unit –I & II programme officers (hosted at Bahir Nagar Primary School) other extension activities were carried out at the adopted village. of Asit Majumdar, Hon'ble MLA, Hooghly-Chinsurah and other local administrative personnel were present at that camp and shared their valuable insights with students. Students were enriched by their presence.



Prof. Satyajit Biswas delivering lecture at the food adulteration awareness session



NSS Volunteers participating in social survey in adopted village

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Students are engaged in various social activities , like spreading awareness, campus cleaning, social survey and other cultural activities, through out the duration of the special camp. The camp was carried out with utmost enthusiasm and concluded with a high note .